

# Establishing a Beyond Use Date for Compounded Haloperidol Oral Suspension

## Prepared from Tablets Using a Novel Automated Wet-Milling Technology

Joe B. D'Silva, B. Pharm., Ph.D.<sup>1</sup>, Karen J. Jones, M.S.<sup>2</sup>, John C. Walton, M.S.<sup>2</sup>, Anne C. Schuelke<sup>2</sup>, Edmund J. Elder, Ph.D., R.Ph.<sup>2</sup>  
<sup>1</sup>P&C Pharma, <sup>2</sup>Zeeh Pharmaceutical Experiment Station, School of Pharmacy, University of Wisconsin-Madison

### Introduction

Compounding of oral liquids from tablets and capsules is commonly conducted using a mortar and pestle to grind the solids into particles of an appropriate size. A novel automated wet-milling technology was invented to enable compounding to be performed within a single-use multipurpose specialized plastic container. [Figure 1] The container compounds, stores and dispenses the compounded product with no required product transfers. [Figure 2] All of the compounding is undertaken within an enclosed environment. [Figure 3] A study was undertaken using haloperidol tablets to demonstrate the efficiency of the process, the physical-chemical and microbiological quality and personalization of the compounded formulations, and the resultant benefits accrued to pharmacists and patients.

### Methods

Haloperidol tablets were compounded into 1 and 5 mg/ml oral suspension preparations. The requisite number of tablets and specified quantity of water were placed into the specialized plastic containers. The containers are capped and placed inside the sealed holders within the milling unit. [Figure 3] The specially textured container surface combined with a high RPM planetary motion from the machine results in a wet milling process that converts the contents into a fine uniform suspension. [Figure 4] A solid mixture of viscosity enhancers, flavors, sweeteners, buffers and preservatives was added to the suspension to produce a pharmaceutically acceptable oral liquid formula. [Figure 2] Following compounding, the container serves the roles of storage and dispensing of the compounded product. Several flavor options have been developed for personalization of the compounded formulas.

- o A special high aroma formula, designated as Bananas Foster, was developed for patients with dementia. Dose uniformity and chemical stability studies were undertaken using HPLC methods. An antimicrobial effectiveness test was conducted per USP <51>

### Equipment and Materials

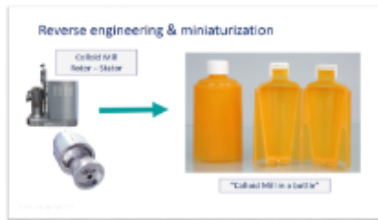


Figure 1: enclosed wet-milling device that produces uniform particles leading to palatable high-quality liquid formulas with the required dose uniformity

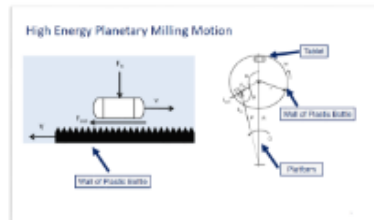


Figure 4: Mechanism of the wet-milling process in the specialized plastic container



Figure 2: Compounding process for oral liquids using specialized plastic containers

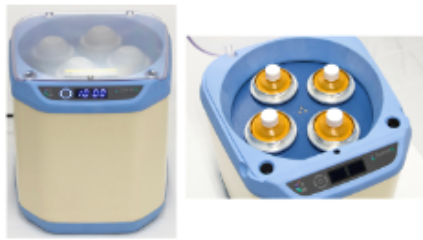


Figure 3: Milling unit closed and opened showing containers in place

### Results & Discussion

- The compounded formulas were found to have a smooth texture and the required characteristics for proper dose withdrawal.
- A beyond use date (BUD) of 1 month at room temperature was assigned to the compounded product. [Figures 5 and 6]
- The dose uniformity results were within 3% of the label claim. [Table 1]
- The stability study results were within 10% of the label claim.
- The compounded formulas satisfied the criteria specified in USP <51> Antimicrobial Effectiveness Testing.

Table 1: Dose Uniformity Results for Bananas Foster Suspensions

	1 mg/mL	5 mg/mL
Aliquot 1	1.01 (101% LC)	4.88 (98% LC)
Aliquot 2	1.02 (102% LC)	5.11 (102% LC)
Aliquot 3	1.01 (101% LC)	5.13 (103% LC)
Average	1.01 (101% LC)	5.04 (101% LC)
%RSD	0.39 %	2.80 %

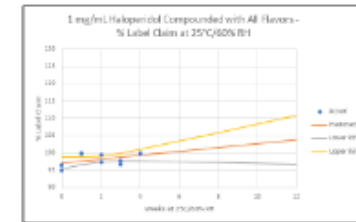


Figure 5: Stability data for 1 mg/ml Haloperidol Compounded Formula

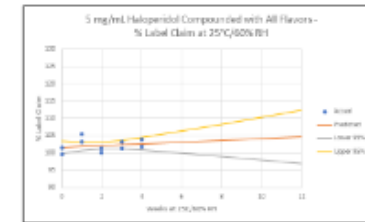


Figure 6: Stability data for 5 mg/ml Haloperidol Compounded Formula

### Conclusions

- The data demonstrate the effectiveness of the novel wet-milling technology to compound homogenous suspensions.
- Automation eliminates the variability introduced by manual procedures.
- The employment of a single-use disposable container for compounding, storage, and administration eliminates the need for cleaning and the risk of cross contamination.
- Use of a fully-enclosed compounding environment with added safeguards greatly reduces the potential exposure of personnel to aerosolized powders.
- The novel wet-milling technology allows for the easy personalization of the compounded formulas with respect to drug concentration, flavors and viscosity.

### Disclosures

Authors of this presentation have the following to disclose concerning possible financial or personal relationships with commercial entities that may have a direct or indirect interest in the subject matter of this presentation.

- Joe B. D'Silva: Chief Innovation Officer and CEO, P&C Pharma
- Karen J. Jones: Nothing to disclose
- John C. Walton: Nothing to disclose
- Annie C. Schuelke: Nothing to disclose
- Edmund J. Elder: Member of the 2015-2020 USP Compounding Expert Committee

### Acknowledgements

We would like to thank the following for their individual contributions

- John Bullock, Independent Consultant
- Janine Keller, Independent Consultant
- Nay Win, University of Wisconsin - Madison

### References

National Center for Biotechnology Information. PubChem Compound Database; CID=5555. Web. Oct. 2015. <https://pubchem.ncbi.nlm.nih.gov/compound/5555>

Fyfe, G. A. Jones, A. Chen, J. Qian and S. L. Tomlinson. "Solubility and Co-solvent Solubility Data for Drug-like Organic Compounds." *Drug Discovery and Design* 17(1) 30(2005): 179-2105.

March Index - An Encyclopedia of Chemicals, Drugs, and Biologicals. 12th Edition, Williams & Wilkins, Baltimore, MD, 2001. 520.

DrugBank. Haloperidol. <https://www.drugbank.ca/drugs/DB00502>

Drug, Research, and Richard Martin. *Compendium of Small Molecule Therapeutics*. Revised Edition, Inc., copyright. Patent EP 2383025 A1 filed from WO/2011/093311. 13 Mar 2013. Web. 20 Oct. 2015.

"Chapter 8. The Biopharmaceutics Classification System." *Oral Drug Absorption: Prediction and Assessment*. PA. IntechOpen and Creative Commons. 2nd ed. IntechOpen. 2015. 347.

"Haloperidol Product Information Sheet". *Optima* (Chonchol, Mich. 20 Oct. 2015). <https://www.optima.com/usa/1202015010>

U.S. Wang, S. Sarkis, W. Al-Noway, S. Sarkis, A. Sargaidis. "Investigation of Solubility and Dissolution of a New Salt and New Different Salt Forms as a Function of pH." *Pharmaceutical Research* 22(4) (04/2005) 638-645.

Siddhant, C.S., and Saranya, Suresh. "Solubility behaviour of Haloperidol in individual solvents: Determination of Partial Solubility Parameters." *European Journal of Pharmaceutical and Biopharmaceutical Sciences* 43(3) (03/2005): 283-294.

Reynolds, Christal A.L., Richard L. Johnson, Neil Antonovic. "Accuracy of Calculated Pharmacokinetic Parameters: Drug Solubility Original Research Article." *European Journal of Pharmaceutical Sciences* 23(5) (05/2004) 563-568.

Glass, M., and G. Holmertz. "Investigations of Some Physicochemical Properties of Haloperidol Which May Affect its Activity." *Journal of Clinical Pharmacy and Therapeutics* 13 (1988): 341-348.

Wainberg, M., G. Shapira, G. Leshem. "Stability of Five Liquid Drug Products After Unit Dose Packaging." *Am J Hosp Pharm* 37(5) (05/1980): 580-2.

United States Pharmacopoeial National Formulary. Rockville, MD. *USP 29 NF 24*. Pg 2042

Draich, R. "Tadix Takayung, Mikko Oksanen, and Pasi Miettinen. "Separation and Determination of Haloperidol, Pimozide and Some of their Oxidation Products by Micro-Extracted Kinetic Chromatography." *Journal of Chromatography A* 903(1-3) (12/2000): 273-76.

Morales, J., J. L. Lopez, M. V. Lopez, M. V. Lopez, M. V. Lopez, and M. V. Lopez. "Chemical Characterization of Haloperidol in Tablets by High-Performance Thin-Layer Chromatography." *J. Sep. Sci. Journal of Separation Science* 30(1) (01/2007): 172-77.